

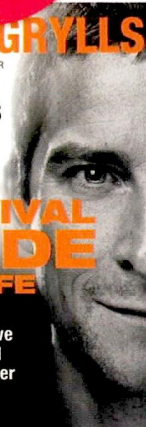


books

BOOKS!
BEAR GRYLLS
AUTHOR OF THE NUMBER ONE BESTSELLER
MUD, SWEAT AND TEARS

A SURVIVAL GUIDE FOR LIFE

How to achieve your goals, thrive in adversity and grow in character



A Survival Guide For Life

Bear Grylls
Bantam Press, R288

Being in the wild pretty much most of the time, Bear Grylls learns loads of valuable lessons. He breaks down these lessons into chapters, giving us the low-down on life and its challenges. His advice is based on all the dangerous adventures he faced while taking on the wilderness. He also explains the necessary life skills a person should learn to become the best possible version of himself.

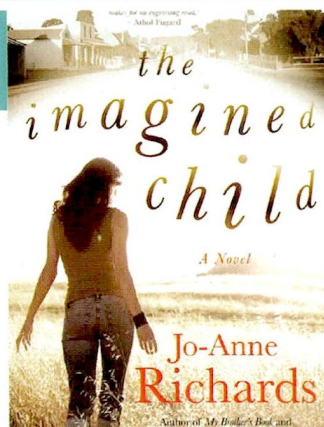
★★★★ @elanamarais55

The Imagined Child

Jo-Anne Richards
Pan Macmillan, R196

If you're in the mood for a truly South African novel, then this is for you! Odette is a city girl and a writer of a popular TV soap who has moved to a small town to break away from the hustle and bustle of the Jozi lifestyle. But is Nagelaten the quiet, little town she expected it to be? This is an interesting novel with a psychological twist of a woman caught up in two worlds.

★★★ @RobynDuPlooy



Part of the Spell
Rachel Heath
By the Costa-shortlisted author of *The Finest Type of English Womanhood*

Part Of The Spell

Rachel Heath
Random House Struik, R215

When Stella's mom goes missing in a small English town, people's complex lives are brought together. First, there's Stella, a young mom who loves small-town life. Then there's Tacita, a bitter blog writer. Finally, there's Theresa, a single, busy and friendly museum curator. While it doesn't go as in-depth as we would've liked, it's an interesting look at how well people know themselves and those closest to them. ★★★ @tiffy_hopkins

